

JIM's "Betty Crocker" LEMON PUDDING CAKE cc revised 4-5-2021

DIRECTIONS

1. Use un-greased 9x9 metal pan. (NOT an 8x8 pan or it will flood over).* **OVEN TO 400°** 375° for glass pan.
2. Prepare the following ingredients and put each aside:
 - a. In a bowl, sift together flour, baking powder, & salt..
 - b. Zest the lemon and put zest aside.
 - c. In a 1-cup measuring cup, put milk, lemon zest, the 1st lemon extract, the food coloring, and stir.
 - d. In another bowl, whisk together the powdered sugar & cornstarch and place near the baking pan.
 - e. Squeeze the lemon, strain & measure out the juice.
 - f. In a large glass measuring cup or bowl, stir together the hot water, the 2nd lemon extract, & lemon juice.
3. In a mixing bowl, mix butter & sugar together well. Add egg yolk and a tablespoon or two of the milk mixture to make it more workable and cream it well.
4. Add remaining milk mixture and the dry cake ingredients. Stir until just blended. *Do not overmix!*
5. Spread the batter into the pan in an even layer.
6. Sprinkle the powdered sugar/cornstarch mixture all over the top of the batter. Shake pan a little to level it out.
7. If necessary, reheat the water/lemon mixture to "Hot" in the microwave (140-150°), then very gently sprinkle it over the top of the powdered sugar/cornstarch mixture.
8. Bake @ 400° on #3 shelf until nicely browned on top. (about 18-25 minutes. (Glass Pan, use 375°)
9. Cool for about 30 min before serving.

INGREDIENTS

CAKE DRY:

7/8 cup 4.0 oz	All Purpose FLOUR (never Whole WheatFlour) (calc'd @ 4.75 oz per cup)
1½ tsp	BAKING POWDER
1/8 tsp	BAKING SODA (optional, for tall cake)
1/4 tsp	SALT

CAKE WET:

1/4 cup 2.0 oz	WHOLE MILK by weight
1½ tsp	LEMON ZEST (Optional)
1 tsp	LEMON EXTRACT

PUDDING DRY:

1 1/8 cup 5.0 oz	POWDERED SUGAR
2 Tbsp 0.55 oz	CORNSTARCH

PUDDING WET:

2½ cups 1# 4 oz	HOT WATER
	<i>Note: With glass pan, use 2 ¾ c hot water</i>
1 tsp	LEMON EXTRACT
1½-2 Tbsp	LEMON JUICE (Depends on the lemon)
1/8 tsp	SALT

2 Tbsp **1.0 oz** BUTTER Room Temperature (70°)

1/2+ cup **4.0 oz** SUGAR,

1 Yolk EGG YOLK (Try 1/2 of whole EGG??)

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History & Notes:

The original Betty Crocker Pudding Cake Mix was a favorite of my family when they discontinued it sometime in the 1970's. I have since tried various recipes on the internet including the Betty Crocker site, but they all use whipped egg whites. I do not like the eggy taste and fine texture of those cakes, so I went to work and slowly created this recipe with trial and error.

It has a little more lemon kick than the original Mix because our family always added extra lemon juice for tartness. Other than that, this recipe has the exact taste and texture that I remember. If you want it to look more authentic, add 4 drops of Yellow food color into the milk mixure.

Note: I measure ingredients by weight so I can be exact. I have included those measurements in this recipe.

If you want the cake part to be taller, more tender, and "Cakey", use the whole egg. I like it more like a dessert cake with a little crunch on the crust top.

The recipe is formatted for a 5x8" Index Card, so if you cut it 8x10, it will fold into a 5x8" Card size.

--Jim McKnight, Playa del Rey, CA

